Some producers are trying to work cover crops into their no-till system. Where residue cover is consistently high, cover crops may simply not be necessary. They may overcomplicate the system because of the likely interaction with so many other system components (nutrient management, residue management, weed control, insect and disease management). However, where there is a need to add broadleaf or grass crops to the rotation or in areas where there is insufficient residue (on erodible soils), cover crops can be beneficial.

Cover crops can help to make a no-till vegetable system work. No-till in vegetables need a number of modifications to make it work, such as the use of cover crops in a partial or temporary no-till situation to create ground cover and wind strips around strip-tilled areas.

Vegetables are tricky but not impossible to work into no-till crop rotations.

Hort Tip

Use the low rate (0.75 to 1.25 L/ha) of Roundup on rye cover crops to get a slow kill. It could take up to three weeks for the cereal cover crop to die. Meanwhile, it has successfully protected the young tomato or potato plants from blowing soils, and won't require a separate application later in the spring.

> **Jack Rigby of Kent County has** these tips:

- don't disk wheat stubble because it makes the soil too rough
- but manage with care.





the soil protection potential of low residue crops.

keep red clover in the rotation,



Some cover crops can become a weed management problem if not properly killed.



Cereal strips in tomatoes provide additional erosion protection.



Cover Crop

OPPORTUNITIES AND CHALLENGES

OPPORTUNITIES	CHALLENGES	
 provide additional erosion protection if crop residue is limited 	 the dense mat of cover crops may require further residue management 	
• provide food and cover for earthworms, soil microbes and wildlife over the winter	• provide food and cover for insect pests such as slugs	
 non-legume cover crops convert nitrogen from inorganic to organic, delaying it from leaching 	 can tie up available nutrients and cause deficiencies early in the season 	
 legume crops can provide substantial amounts of nitrogen to the following crop 	 match nitrogen release to following crop requirement 	
• suppression of weeds	 non-certified or improperly cleaned seed can be a source of weed seed 	
 add organic matter, improve soil tilth and prevent crusting 	 some residues may be allelopathic, i.e., impede healthy growth of following crop, e.g., cereals 	
 decaying roots add macropores, improving water infiltration and soil aeration, thus reducing runoff and erosion caused by water 	 macropores can provide speedy route for pesticides, manure, bacteria and nitrates to field drains 	
 can speed spring drying on wet soils that have poor or restricted internal drainage 	• can deplete soil of valuable moisture reserves in a dry spring	
 residue can keep soil cool in early summer, reducing moisture loss and organic matter oxidation, while providing a great environment for root growth and microbial activity 	 shade the ground and can restrict soil warming in early spring; can also keep soil too wet, delaying drying 	
can remedy compaction	 can become a weed management problem if not properly killed 	
• provide opportunity for trapping nutrients from manures	 timing of nutrient release with crop needs 	



Cover Crop _

When selecting cover crops in no-till, ask yourself the following:

☑ 1. **Do you need** the protection or the flexibility in the rotation?

☑ 2. Killing of cover crop	 Does it die over winter? or present a residue management or moisture problem in the spring? 	
	Note: Cover crops should be killed at least two weeks prior to planting.	
☑ 3. Residue management	► Will it form a dense mat?	
☑ 4. Nitrogen management	► Will the crop add nitrogen (legume)?	
	► Will it trap nitrogen and release it later in the season?	
	► How will this affect interpretation of spring nitrate results and timing of nitrogen application?	
☑ 5. Weed control	► Will it become a weed?	
	► How much weed control does it provide?	
	► Will the spray program need to be adjusted?	
	Note: Cover crops will not provide complete weed control in no-till.	
☑ 6. Insects and diseases	► Does the cover crop carry or encourage insects or diseases which may affect subsequent crops?	

For more information regarding cover crop management, see OMAFRA *Publication 296*.



Cover Crop

TROUBLESHOOTING

 PROBLEM	POSSIBLE CAUSES	BEST MANAGEMENT PRACTICES & TIPS	
POOR CROP PERFORMANCE WHEN CORN OR SOYBEANS FOLLOW CANOLA	• canola inhibits mycorrhiza populations	• grow cereals after this cover crop	
DROUGHTINESS	 cover crop overwinters, is not killed or reseeds to compete with crop 	 select cover crops that are killed over winter select proper burndown product try inter-row cultivation or post-emergent treatment (See <i>Publication 75</i>) 	
MATTED VEGETATION • keeps soil wet	 cover crops with excessive top growth improper burndown treatment 	 select more suitable cover crop crop-row pre-tillage use 3-coulter system combine above with additional burndown treatment 	
COVER CROP BECOMES A WEED IN THE CROP	 • poor timing or choice of burndown • kill the cover crop early • select the appropriate herbicide to kill the cover crop 		

Make sure cover crops are dead at time of planting.

Cover Crop